

www.devonshiatsu.co.uk



Shiatsu Introductory Weekend Courses

27th & 28th August 2011

PRACTICAL DETAILS

Totnes, Devon, TQ9 6ND

Tel: 01803 762593

Email: info@devonshiatsu.co.uk



*“learning about shiatsu and healing
was rich, fascinating, challenging and
fun, in a beautiful and inspiring
location - I’m so glad I did it!”*

Anne



the devon
school of
shiatsu



Introductory Shiatsu Weekends

These courses are ideal for anyone wanting to find out more about shiatsu. Many people also use them to decide if they want to study shiatsu as a career on our three year practitioner training course.

Practical and hands-on

- Learn to give a simple full body shiatsu which you can give to friends and family.
- How shiatsu can be used for your self development.

Learning Shiatsu

The Devon School of Shiatsu offers a unique training, teaching healing on all four levels of a human being; physical and energetic, emotional, mental, and spiritual. We primarily contact and work with the 'ki' or energy flow within the person, using primarily finger and palm pressure, which then affects the physical body and its functioning. This makes shiatsu a very flexible form of healing able to help people on many levels. Shiatsu is received while wearing loose clothing.

As one of the most exciting forms of energetic healing today, shiatsu is gaining wide popularity for its many benefits. As it matures as a complementary therapy, it is widely used to heal physical problems like back pain and frozen shoulder, sports injuries and aiding in healthy pregnancy and childbirth. It can be of great benefit in the relief of pain and other symptoms associated with chronic or terminal health conditions and as a form of emotional work through the body.

Who studies shiatsu?

People from a wide variety of backgrounds choose to study shiatsu. Some already have a career and are looking for a more fulfilling line of work, these have included nurses, midwives and others from orthodox medicine, people who already practice a complementary medicine such as massage or reflexology and other people who are interested in a new career after raising children.

No particular prior educational qualifications are needed.

The thing that nearly all students come looking for is a new way of looking at health and life and a genuine desire to use this knowledge to help others.

"I found this course inspiring, practical and very well paced. Flexible to the groups' interest and ability. An excellent course!"

David



PRACTICAL INFORMATION

Please come dressed in comfortable clothing, such as a tee shirt and loose trousers or track suit. Jeans, skirts and dresses are not suitable. Please bring a pen and notepaper in case you wish to make additional notes. There will be a wholefood vegetarian lunch provided on both days and a range of teas and drinks is available at the school.

VENUE: The Shiatsu Studio, Buckyette Farm, Littlehempston, Totnes, Devon, TQ9 6ND. There is a map on our website www.devonshiatsu.co.uk and in our current School Programme.

TIMES: 10am - 5.30pm. Please arrive at 9.45 so we can start promptly.

FEE: £95 A non-refundable deposit of £30 holds a place on the course until three weeks before when full payment is required.

CANCELLATION POLICY: We hope you won't need to cancel your booking; however as stated in our brochure, deposits are non-refundable. If you cancel your place less than 3 weeks before the date of the course we regret that no refund can be made. If you cancel more than 3 weeks before we will retain your deposit and refund the balance.

ACCOMMODATION:

If you would like to stay locally overnight, bed and breakfast accommodation is available in Littlehempston, Totnes and other nearby places. Please visit our website for a list of providers.

Parking: Please do not park directly in front of the school, only in the allocated spaces on the left as you enter the car park or alternatively on the lane outside.

Residents of Buckyette Farm: Please respect the privacy of the other residents living either side of the school.

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“A great all round introduction to shiatsu - which was totally new to me. An unbelievable amount of learning in such a short time, while appearing unhurried, which was all much appreciated, thank you!”



COURSE BOOKING FORM

INTRODUCTORY SHIATSU WEEKEND

PARTICIPANT NAME.....

ADDRESS

.....POSTCODE

PHONE (landline)(mobile)

EMAIL

COURSE DATES:

27th & 28th August 2011

I wish to book for _____ people for this course and enclose a deposit of £30, or the full fee of £95 per person. Full fee is due 3 weeks prior to the start of the course.

Do you have any health problems or specific dietary needs that you think we should be aware of?

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How did you first hear of the Devon School of Shiatsu?

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Send this form with a cheque made payable to "Devon School of Shiatsu" to:
**The Devon School of Shiatsu, Buckyette Farm, Littlehempston, Totnes,
Devon TQ9 6ND.**

SI0208/DSS Intro w/e practical info